Free Grocery Home Delivery 5A Edition

We did it again TOGETHER!

May 01, 2025 Today, DuMonde Helping Hands Foundation delivered over 1,4080 pounds of free healthy groceries directly to the doorsteps of 68 individuals and families in need. That's over 75 lives touched with hope, dignity, and nourishment.

This wouldn't have been possible without our generous amazing great donors:

Real Canadian Superstore, LuniuMall Grocery Distributors, and Bakers Brothers — thank you for fueling this mission.

To our incredible volunteers:

You are the heartbeat of this foundation. You picked up, packed, delivered, and cared. Because of you, someone slept with a full stomach tonight.

@iam_xandre @_jemimahantz @itzmehaneee

At DuMonde, feeding the people in need isn't a gesture it's our top priority.

We are committed to doing our best, every single day, to reduce poverty and restore dignity in our society.

Let's keep going. Let's keep giving. Let's keep caring.

@realcanadiansuperstore @luniumall @bake.stone

@dumonde_delivery_asap

"If Immediate food/feeding is out of what keeps people poor, then poverty is definitely out of the way" -African Proverb

#NeighbourlyNourishment #EndHungerTogether #GiveBackBC #FoodForAll #HelpingHandsVancouver

"Today, 1,400 lbs of love hit the streets of Vancouver."

"Thanks to our donors and heroes in vests, 75 lives were fed."

"DuMonde Helping Hands Foundation.

We don't just deliver food.

We deliver hope."













