



Urgent Appeal:

Help Us to continuously keep food on the Table for Families in Need

At DuMonde Helping Hands Foundation, we are deeply committed to serving vulnerable individuals and families across our community through our Monthly Food Bank, frequent Pop-Up Cultural Food Drive and Senior Home Care Delivery programs.

These initiatives are lifelines for countless seniors, single parents, newcomers, and low-income families who depend on us for culturally diverse and nutritious food—distributed with dignity, compassion, and care.

Right now, we are facing a critical challenge:

Our current freezers—essential for preserving the quality and safety of the food we distribute—are nearing the end of their lifespan. Without proper cold storage, we risk losing the ability to safely store donations and support the scale of our growing programs.

We are urgently seeking donations of commercial-grade freezers—ideally 2-door or 3-door upright freezers—to continue our operations without disruption.

We are also gratefully accepting financial contributions that will allow us to purchase reliable, energy-efficient models.

- ✓ We can pick up donated freezers immediately—we have access to large trucks and a strong volunteer team ready to act.
- ✓ Your gift will directly support thousands of individuals who rely on our free food access initiatives every month.

Would you be willing to donate a freezer—or help fund the purchase of one—so we can continue serving our neighbours in need? We welcome in-kind donations of gently used commercial freezers in good condition, or a financial gift in any amount.

Every contribution brings us closer to our goal. Please e-transfer donation to help@helphands.org or visit helphands.org/donate to take action today.

Thank you for your continued generosity and belief in our mission. Together, we can preserve more than food—we can preserve hope.

With heartfelt thanks,

Hannah Antonio

Co-Founder/Director

DuMonde Helping Hands Foundation